

AIKIDO AND HEALING ARTS OF ROSEVILLE

COVID-19 Information and Liability Waiver

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In the letter and intent of the protocols issued by the State of California and the CDC, **Aikido and Healing Arts of Roseville** is mandated to require compliance with minimum 6' social distancing, wearing a mask, using hand sanitizer before and after handling any objects at our facility. Changing rooms are not in use. Come in appropriate attire for training.

I acknowledge the contagious nature of the Corona/COVID-19 and that the CDC and many other public health authorities still recommend social distancing. I further acknowledge the Aikido and Healing Arts of Roseville and Kemper Properties have put in place preventative measure to reduce the spread of the Coronavirus/COVID-19.

I further acknowledge that Aikido and Healing Arts of Roseville and Kemper Properties can not guarantee that I will not become infected with the Coronavirus/COVID-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to other participants and class leaders.

I voluntarily seek the services provided by the Aikido and Healing Arts of Roseville and Kemper Properties and acknowledge that by doing so I increase my risk of exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while attending class or interactions at the Aikido and Healing Arts of Roseville.

I attest that:

- I am not experiencing any symptoms of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell, nausea or vomiting, diarrhea.
- I have not traveled internationally within the last 14 days.
- I have not traveled to a highly impacted area within the United States of America in the last 14 days.
- I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.
- I have not been diagnosed with Coronavirus/COVID-19 and not yet cleared as non contagious by state or local public health authorities.
- I am following all CDC recommended guidelines as much as possible and limiting my exposure the Coronavirus/COVID-19.

I hereby release and agree to hold the Aikido and Healing Arts of Roseville and Kemper Properties harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by

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any act, or failure to act of Aikido and Healing Arts of Roseville and Kemper Properties or that may otherwise arise in any way in connection with any classes attended or interactions with Roseville Healing Arts and Aikido.

I understand that this release discharges Roseville Healing Arts and Aikido and Kemper Properties from any liability or claim that I, my heirs, or any personal representatives may have against Roseville Healing Arts and Aikido and Kemper Properties with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from Roseville Healing Arts and Aikido and Kemper Properties.

This liability waiver and release extends to the Roseville Healing Arts and Aikido, Kemper Properties together with all owners, partners, and employees.

Name (Print)

Signature

Date